



HEALTH MINOR

A bachelor's degree requires 120 hours, including General Education and a major. Refer to the major checklist for those required courses.

In the 120 hours, a student may include one or more minors. All minors are available to all students, regardless of major, except that a student cannot have both a major and a minor in the same subject. A minimum grade point average of 2.0 is required for courses in the minor.

When combined with teaching certification in an area such as Physical Education, the Health minor plus passing the state exam ICTS Health Education 142 will certify the student to teach Health courses.

Requirements for the Health minor:

Total Nine Courses (28 Credits)

Required Physical Education Courses (18 Credits):

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| PHED 103 | Health Promotion Concepts and Practices | 3 |
| PHED 200 | Programs in School Health..... | 3 |
| PHED 382 | Care and Prevention of Injuries | 3 |
| PHED 408 | Kinesiology | 3 |
| PHED 409 | Exercise Physiology | 3 |
| PHED 410 | Curriculum Development for Health Education | 3 |

Required Courses in other programs (10 Credits):

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| BIOL 110 | Human Biology | 4 |
| PSYC 246 | Human Sexuality | 3 |
| SCWK 311 | Alcoholism and Drug Abuse and Its Treatment | 3 |