

Health

FACULTY: D. Doerfler.

Minor in Health

The minor in Health is available to students in all majors. It greatly benefits students in education, most specifically physical education. The Health minor, plus passing the ICTS Health Education 142 test, earns an endorsement on the teaching certificate that qualifies a future teacher to teach health education in grades 6–12. Many school districts offer job opportunities for physical education teachers with the health endorsement.

The endorsement is also available on other teaching certificates that include grades 6–12. At MacMurray these are Deaf and Hard of Hearing Teacher Education, Secondary Education, Spanish Education, and Special Education.

A health minor without teaching certification can benefit students in other fields. The minor can enhance a student's qualifications in areas such as first aid/CPR training, fitness knowledge, and injury prevention and in majors such as sports management, social work, and psychology.

The Health minor consists of 24 credit hours. It requires these courses in Physical Education:

- PHED 103 Health Promotions and Concepts
- PHED 200 Programs in School Health
- PHED 382 Care and Prevention of Athletic Injuries
- PHED 408 Kinesiology
- PHED 409 Exercise Physiology
- PHED 410 Curriculum Development for Health Education

It also requires these other courses:

- BIO 110 Human Biology
- PSYC 246 Human Sexuality
- SCWK 311 Alcohol and Drug Abuse